

# > Basic Employee Assistance Program

MUTUAL OF OMAHA



Your company can suffer when an employee is faced with a personal or professional issue that gets in the way of maintaining productivity at work. Offering a robust Employee Assistance Program (EAP) can be the answer for both your employee and their family. It can help your company's bottom line, too.

## EXPERIENCED EAP STAFF

Licensed Master's level professionals that can provide assistance for a variety of personal and professional matters.

- Emotional Well-Being
- Family and Relationships
- Legal and Financial
- Healthy Life Styles
- Work and Life Transitions

## EAP BENEFITS

- Unlimited telephonic access to EAP Professionals 24 hours a day, seven days a week
  - *Services accessed by calling (800) 316-2796*
- Telephone assistance and referral
- Service for employees and eligible dependents
- Connect employees with resources for:
  - *Legal Assistance and Financial Services*
  - *Dependent and Elder Care Assistance & Referral Services*
  - *Substance Abuse Assistance*
- Access to a library of educational articles, handouts and resources at [mutualofomaha.com/eap](http://mutualofomaha.com/eap)



## ORGANIZATIONAL SERVICES

- Internet-based management support resources
- Connection to resources for on-site training and Critical Incident Stress Management Services (CISM) available on a fee-for-service basis

For more information or to access EAP benefits call (800) 316-2796.

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